

American Board of Laser Surgery’s (ABLS)
Written Examination for Advanced Estheticians
Revised: April 1, 2020
136 Multiple Choice Questions - 4 Hour Time Limit

Domains:	Number of Questions on Examination:
1.0 Anatomy, Physiology, and Histology of Skin	11
2.0 Diseases and Disorders of the Skin	9
3.0/7.0 Safety, Infection Control, ANSI	18
4.0 Oregon Administrative Rules and Revised Statutes	5
8.1 IPL	8
8.2 Lasers	8
8.3 Plasma	2
8.5 Nonablative Lasers	6
8.6 Nano-Picosecond Lasers	4
8.8 Aesthetic Radiofrequency	4
8.9 Aesthetic Ultrasound	2
8.11 Cryolipolysis	2
8.12 Microwaves	2
9.1 Light Energy Hair Removal	10
9.2 Photo Rejuvenation Dyschromia	9
9.3 Skin Rejuvenation	9
9.4 Cellulite Reduction	6
9.5 Body Contouring	10
9.6 Nonablative Tattoo Removal	11
	Total =

136

Passing the written examination requires a score of at least 75%

ADVANCED AESTHETICIANS EXAMINATION REFERENCE SOURCES

Aesthetics Books:

Milady Aesthetician Series, Laser and Light therapy, Pamela Hill R.N. and Patricia Owens, R.N., Cengage Learning, 2009.

A Compendium for Advanced Aesthetics, A Guide for the Advanced or Master Aesthetician, Mary Nielsen, Friesen Press, 2017.

Anatomy and Physiology, Chapter 5 - The Integumentary System, Open Stax, Rice; 2017.

Standards:

ANSI Z136.3 – 2018; American National Standard for Safe use of Lasers in Health Care

American Board of Laser Surgery; Fundamental Laser Science and Laser Safety:

Chapter 1: The Fundamentals of Laser Physics, Optics and Operating Characteristics (the foundations of laser physics and beam delivery that are important for any laser medical discipline).

Chapter 2: Surgical Delivery Systems (an essential foundation for all clinicians in the various methods of beam transmission, delivery and focusing).

Chapter 3: Laser Biophysics, Tissue Interaction, Power Density and Ablative Resurfacing of Human Skin: Essential Foundations for Laser Dermatology and Cosmetic Procedures (focus is ablative resurfacing which addresses the interaction of lasers and light with human skin, as an essential foundation for dermatology and cosmetics).

Chapter 4: Commentary on Ethics in Cosmetic Laser Surgery (key considerations in providing optimum patient care).

Chapter 5: The Safe Use of Lasers in Surgery (oriented to the needs of the actual practitioner as opposed to support personnel).

Chapter 6: Considerations in the Selection of Equipment.

Oregon Revised Statutes and Oregon Administrative Rules:

Oregon Revised Statutes: Chapter 676, Division 630-660

Oregon Administrative Rules: Chapter 819, Division 005-050

Examination originally implemented: January 1, 2018

Revised: April 1, 2020

9.5 Body Contouring	10	12	Milady's CH 4, pp 113-115
9.6 Non-ablative Tattoo Removal	11	8	Lasers & Lights, CH 3 - Tattoos
Sub-Total	55		
TOTAL QUESTIONS	136		

Bibliography Sources:

A Compendium for Advanced Aesthetics, A Guide for the Advanced or Master Aesthetician; Mary Nielsen; FriesenPress; 2017.

- referred to as **"Nielsen"**

Milady's Aesthetician Series, Laser and Light Therapy; Pamela Hill, RN & Patricia Owens, RN, MHA, CMLSO; CENGAGE Learning; 2009.

- referred to as **"Milady's"**

Lasers and Lights, Procedures in Cosmetic Dermatology; 3rd ed., Hruza & Avram eds.; Elsevier, 2013.

- referred to as **"Lasers & Lights"**

Anatomy and Physiology, Chapter 5 - The Integumentary System; Open Stax, Rice; 2017

- <http://www.sweethaven02.com/openstax/AnatomyAndPhysiology-LR.pdf> **OR** <http://philschatz.com/anatomy-book/contents/m46059.html>

- **OR** downloadable from ABLs website at <http://americanboardoflasersurgery.org/oregon-exam.html>

- referred to as **"Anatomy"**