



Suite 300 - 990 Fort St Victoria, BC, V8V 3K2 Canada

www.friesenpress.com

Copyright © 2017 by Mary Nielsen

First Edition — 2017

All rights reserved.

No part of this publication may be reproduced in any form, or by any means, electronic or mechanical, including photocopying, recording, or any information browsing, storage, or retrieval system, without permission in writing from FriesenPress.

ISBN

978-1-5255-0602-4 (Hardcover) 978-1-5255-0603-1 (Paperback) 978-1-5255-0604-8 (eBook)

1. MEDICAL, DERMATOLOGY

Distributed to the trade by The Ingram Book Company

Table of Contents

1.	History of Advanced Aesthetics Licensure	1
2.	Health Information Portability and Accountability Act Documentation Requirements	7
3.	Review – Anatomy of Skin and Hair	19
4.	Common Diseases and Disorders	27
5.	Laser and Light Energy Theory and Fundamentals	40
6.	American National Standards Institute and the Role of the Laser Safety Officer	61
7.	Light Energy Hair Removal	68
8.	Tattoo Removal	78
9.	Photo Rejuvenation	87
10.	Dyschromia Reduction With Intense Pulse Light	95
11.	Skin Rejuvenation with IPL Therapy	102
12.	Body Contouring	108
13.	Cellulite Reduction	125
14.	Skin Tightening with Radio Frequency	133
15.	Facial and Neck Lifting	139
16.	Chemical Exfoliation.	145
17.	Skin Rejuvenation with Collagen Induction Therapy	154
18.	Neuromodulators and Dermal Fillers	160
19.	Cardio-Pulmonary Resuscitation, First Aid, and Blood-Borne Pathogens	168
20	Career Development Working in Medical Aesthetics	178

Appendix A	
Appendix B Common Forms in Advanced Aesthetics	
Appendix C	
Appendix D	
Glossary and Common Facial Aesthetic Procedures	. 241
About the Author	256